132

Compilation The 6th observable: Physical or invasive biological effects to close observers. (Physical effects of UAP, a collection) (self.UFOs)

submitted 1 year ago * by SabineRitter

The UAPDA for 2024 includes language about effects on witnesses of a close ufo event.

(vi) Physical or invasive biological effects to close observers and the environment.
(Source: https://www.congress.gov/amendment/118th-congress/senate-amendment/2610/text)

The effects are not specified, so I looked in my notes. Here's what I found.

Physical effects from close encounters with uap, reported by witnesses.

Paralysis, inability to speak, dizziness, nausea, emesis, fatigue, time distortion, audio or visual distortion, emotion of fear or anxiety, temperature change, heat or fever, hair color change , sleep disruption, headache, vibration , ringing or pressure in ears , goosebumps or static electricity feeling, eye injury, tears in eyes, increased heart rate, body marks, amnesia

Edit: link to a pdf from the Sol Foundation that says basically the same thing https://thesolfoundation.org/wp-content/uploads/2024/07/Sol_WhitePaper_Vol1N4.pdf

vibration

> neon blue light that lit up the sky with a powerful deep buzzing sound that I could feel in my chest.,

Paralysis

> I just stood up and stared and then stared at where I lost it for about 20 minutes in awe.,

paralysis

> now I understand why videos are so short or none are obtained at all. It damn near freezes you in place.

search

this post was submitted on 30 Jul 2024
132 points (88% upvoted)
shortlink: https://redd.it/1eg08yl

Submit a new link

Submit a new text post

Get an ad-free experience with special benefits, and directly support Reddit.

Get Reddit Premium

UFOs

join

you are an approved user on this subreddit. (leave)

Show my flair on this subreddit. It looks like: SabineRitter

A community for discussion related to Unidentified Flying Objects. Share your sightings, experiences, news, and investigations. We aim to elevate good research while maintaining healthy skepticism.

UFOS WIKI

r/UFOs Discord

r/UFOs X

Investigate a Sighting

Report a Sighting

r/UFOs Sighting Reports

Verify a Claim

r/UFOs Archive

Subreddit Rules

1. Be civil.

paralysis

> I walked outside and saw him motionless, l UFO. I stood beside him and did exactly the a period, Nan came down to look for both c she came down, it was very close. She stoc silently, until it vanished.

paralysis, inability to speak

> We literally froze and looked out over the n the same time. There, just sitting, not maki was this huge white, bright light!! We both s frozen in shock. We could not talk or move,

paralysis

> I was frozen for I don't know how long.

paralysis, amnesia

> I don't remember what happened next. I do getting back to bed, going back to sleep, ar

goosebumps, amnesia

> I instantly got goosebumps after it disappe weird thing is when I got inside it's like I co forgot about it, which I didn't even realize u two later when I walked my dog again.

paralysis, vibration

> standing there with my jaw and eyes wide c low tone vibrating when it flew over,

paralysis, fear

> I started to sense intense feelings of hatre anger out of nowhere. I was too frightened place to turn the lights on and after a few n what looked like a black triangle fly overhea disappear through the air

paralysis amnesia

> my brain is locked with it. That's what these do to you, render you transfixed, there's bar YOU in your own brain. It's rather...overpow way back home, I stated "We saw a UFO" e so the first hour and a half. By the time we nearly sunrise Nov 1st, I had completely fo incident.

nausea diarrhea emesis headache overheated, s

> other witness woke up within a few hours a asleep after 2 hours and is now sick to the nauseas, diarrhea and vomiting, earlier had and warmth (overheating feeling)

nausea

2. Stay on-topic.
3. Be substantive.
4. No duplicate posts / spam.
5. Adhere to posting guidelines.
6. Link posts must include a submission statement (comment on your own post).
7. Follow the sighting post guidelines.
8. Respect your neighbors.

Please report posts/comments which break Reddiquette or our rules.

More detailed rules

Sightings post guidelines

Public moderation logs

Apply to be a moderator

Subreddit statistics

Verify a claim

Moderation Transparency

Filter by Flair

- Article
- Book
- Classic Case
- Clipping
- Compilation
- Discussion
- Document/Research
- Documentary
- News
- NHI
- Photo
- Podcast
- Sighting
- UFOblog
- Video
- Announement
- AMA
- Resource
- Speculation
- Likely CGI
- Starlink
- Likely Identified
- Confirmed Hoax

Related Subreddits

- r/aliens
- r/disclosureparty
- r/HighStrangeness
- r/Experiencers
- r/SETI
- r/StabilizedUFOs
- r/UAP
- r/ufo
- r/UF0
- r/UFOBookClub
- r/UFOdocumentaries
- r/UFOmemes
- r/UFOPilotReports

> we both got sick puking not long after it ha
> maybe 20 min later if that

Unable to speak

> I felt like it took something out of my head.
> been so shook in my life.. When it was over
> looking up at the sky for a few seconds and
> turned our heads and we literally could not
> hour or so..

Unable to speak

> They just couldn't say what happened. The
> wouldn't form. When they would get to the
> happened, their speech would slow and slu
> a record player.

Unable to speak

> I was not able to talk or discuss what I saw
> minutes.

sleep disruption fatigue nausea

> very sluggish, tired, sort if feels like I'm in a
> of an upset stomach (just feels off).

Nausea, dizziness

> we've all had at least one experience with it
> were nauseous and dizzy after watching it.

nausea and sleep disruption

> had an upset stomach and was awake unti
> was wide awake and anxious.

Paralysis, time distortion, fatigue

> seemed almost hypnotized by the UFO, sor
> minutes would go by without a single word
> spoken. He was hyper-fixated on the sky th
> time... Time seemed to move much faster f
> felt drained

Nausea, amnesia, paralysis,

> I am transfixed on this. We both felt a stran
> drowsy feeling during this. It makes the wh
> like a dream on reflecting on it. When I brou
> her we both agreed we almost had begun t
> was a dream! I can't even talk about it with
> incredibly disturbed. Even writing this I feel

paralysis, time distortion

> Our conversation was slow, uneven. As if o
> the other took a few minutes to answer...it
> were impossible to stop looking.

Fatigue, amnesia

- r/UFOscience
- r/UfoTruth

Recommended

- Cases
- Books
- Documentaries
- Podcasts
- Websites

a community for 17 years

MODERATORS

MESSAGE THE MODS

timmy242
MKULTRA_Escapee
expatfreedom
AutoModerator
Silverjerk
LetsTalkUFOs
AssistantBOT1
VCAmaster
realrhema

...and 74 more »

RECENTLY VIEWED LINKS

Unverified tea Stacey and TJ's alleged friendship contract surfaces
190 points | 295 comments

Discussion Uncle is not a fan 😬
10 points | 4 comments

Science I had written off 3I/ATLAS... and then this!
• points | 1 comment

Daily Discussion Daily Discussion Thread for October 24, 2025
257 points | 9644 comments

Weekly "everything else" If it's in the spirit of prepping, but not "news" or "intel"
110 points | 157 comments

clear

account activity

> I got mysteriously sleepy after, I got lost, m
> became foggy and I became sleepy. I don't
> multiple airshows involuntarily, have multip

Fatigue

> I felt fine last night. I'm quite a bit tired toda

Paralysis, heat emanating from it and witness fe

Heat

> a red light flashed in front of me then shot
> illuminated everything on my shirt and also
> of a heater.

Heat, paralysis, goosebumps

> sight of these things would terrify me, to th
> profusely. I was often paralyzed by fear, una
> by remembering these episodes.

Heat

> Instantly, I was slammed by a huge BOOM

Heat, nausea, dizziness, increased heart rate

> felt my head and neck burning soon after th
> thought I was going to pass out

Increased heart rate

> made my heart race.

increased heart rate

> It was going around and around in a circle.

heat

> all of a sudden it becomes warm, about as

heat, fever

heat

> I wasn't particularly afraid, but I can say I fe
> emitting from the lights.

Hair changed color, heat, burn, eye injury

> patches of hair turned white and ophthalm
> flash burns),

Eye pain

> we could only look at it for maybe 3 second
> burning sensation stopped, and then when

illness

> I'm pretty sure we just didn't get exposed to
> from heart failure.

fatigue, sleep disruption, autoimmune issues, pa

> I have been dealing with extremely severe l

nausea

> The other witness goes immediately pale a

Hair changed color hair turned blonde

Headache

> I now believe that this ufo made us both ge

Headache

> We both had headaches,

Headache, sleep disruption, visual distortion

> Didn’t sleep at all last night, I see it when I b
> extreme tension headache since

headache

> The other witness and I had headache for a

Audio distortion

> felt a sense of high focus to the music play
> less than a second as well as fully distorte

Audio distortion, illness

> music sounded very distorted., downward s

Audio and visual distortion

> everything glitched and got blurry. We saw
> little electrical crackles randomly around ou
> and pulse.

ears ringing

> We didn’t hear much, but the neighborhood

Pain in ear

> He suddenly grabs his ear screaming in pai
> swooping up and down behind my neighbo

Body mark, illness

> similar scarring on the both of us, in the sa
> type 2 diabetes within 90 days of the encou

Illness, fever, heat, blisters, near Wright Patterso

> I was very sick after that my legs swelled u
> my face and blisters.

Goosebumps, pressure, ears ringing, fear

> hairs on end sensation and the feeling of d
> pressure, followed by a release of pressure
> dissappeared.

pressure

> feeling of pressure in the air, silent

Vibration

> I feel a buzzing through the floor almost lik

Eye pain

> it hurt our eyes because it lit us up so hard. city center

shivers, anxiety,

> As I was watching it I felt extremely nervou spine until the object was out of sight.

shivers

> cold skin crawly shuddering feeling,

static electricity

> hair felt like it was sticking up from static e

static electricity

> everything in his car suddenly felt charged his hair was sticking up - head, arms, entire of the car he would get shocked.

static electricity

> electrical kind of energy in every part of my

paralysis, tears

> At that moment I was completely still, I was and then I automatically started crying incc of nowhere

Static electricity, tears

> my eyes immediately filled with tears. My h wasn't "crying" or experiencing fear like a c was pulling on my eyes.

tears

> I also unexplainably teared up. I didn't cry, b

Amnesia, possible seizures

> We didn't talk about it. We just continued w remember the rest of that night either. The seizures, I started noticing right around the that UFO did to my mind that night, also dic

53 comments **edit** **share** **save** **hide** **delete** **nsfw** **flair**

all 53 comments

sorted by: **best (suggested)** **disable inbox replies** (?)

save

content policy formatting help

[–] **nightfrolfer** 7 points 1 year ago

Thanks for this u/SabineRitter and everything you do here.

permalink embed save report reply

[–] SabineRitter [S] 1 point 1 year ago

My pleasure, friend! Thank you.

permalink embed save parent edit disable inbox replies delete reply

[–] thechaddening 23 points 1 year ago

Elizondos book seems to attribute it to exposure to microwave and ionizing radiation. A lot of people with close contact experiences apparently suffered effects that look like radiation poisoning and got cancer very young.

From the context it didn't really seem intentional, it seemed more that the radiation is a by-product of certain propulsion technologies. It's plausible that if these things are utilizing warp bubbles or something similar they're either generating the radiation or the interaction with charged particles does.

I saw someone speculate that if there is some sort of inertial canceling field it could accelerate ambient particles to near light speed and that could be what causes the glow, as those particles exit the field and impact the air.

permalink embed save report reply

[–] Papabaloo 12 points 1 year ago

> "*I saw someone speculate that if there is some sort of inertial canceling field it could accelerate ambient particles*"

Likely unrelated, but whenever I think about UAP propulsion and the notion of manipulating gravity (*and arguably therefore time*) in their surroundings, I often go back to how very curious it is that among the things that struck the most to Col. Halt's and his crew, while inspecting the landing site during the Rendlesham Forrest incident, it was the apparent accelerated biological response tied to the abrasions in the nearby trees. From the transcript:

> "ENGLUND: This looks like an abrasion on the tree...
>
> HALT: OK, we'll catch that on the way back, let's go around. Move back. Hit it, then [there?].
>
> ENGLUND: We're getting interest right over here. It looks like an abrasion pointing into the centre of the...
>
> HALT: It is.
>
> ENGLUND: ...landing area.
>
> HALT: **It may be old, though – there's some sap marks or something on it**....
>
> [**Later on****]
>
> ENGLUND: Colonel Halt?
>
> HALT: Yeah.
>
> ENGLUND: Each one of these trees that face into the blast, what we assume is the landing site, all have an abrasion facing in the same direction, towards the centre, the same...
>
> HALT: That's interesting. Let's go the rest of the way around the circle here. Turn it back down here.
>
> NEVELS: Picking up some...
>
> VOICE (ENGLUND?): ...collection[?]
>
> HALT: Let me see that....that's got a funny...that's... You're right about the abrasion. I've never seen a tree that's er...
>
> VOICE (indistinct): ...small sap marks...
>
> HALT: ... **never seen a pine tree that's been damaged react that fast**."
>
> [***Later On***]
>
> HALT: There's a round abrasion on the tree about three and a half, four inches in diameter...**it looks like it might be old, but, er...strange, there's a crystalline...pine sap that has come out that fast. You say**

> **there was other trees here that are damaged in a similar fashion?**
>
> ENGLUND: **Yes, all facing in toward the centre of the landing site**...

permalink embed save parent report reply

[–] **thechaddening** 7 points 1 year ago

That's super interesting, do we know if the inside was speculated to have experienced more time or the outside? The inside, I'd imagine

permalink embed save parent report reply

[–] **Papabaloo** 8 points 1 year ago

I have no idea. All I know about the case is what I heard on that tape; but my mind went exactly where you pointed to when I heard them describe that effect/observation in the abrasions—*given the notion that gravity manipulation seems to be theorized to play a role in the way they move*.

It might or might not also be important to consider that, as far as I understand it, trees use sap as part of their natural processes to close/heal wounds, and there are sighting reports where experiencers report to have experienced accelerated/instantaneous healing of minor wounds during or right after the sighting. So, who the ef knows XD

High strangeness indeed.

permalink embed save parent report reply

[–] **Longjumping_Meat_203** 7 points 1 year ago

Have you ever read The Order Of Time by Carlo Rovelli?

You might like it.

permalink embed save parent report reply

[–] **Papabaloo** 5 points 1 year ago

I have not, but I have added it to my ever-growing To-read list. Thanks for the recommendation! :D

permalink embed save parent report reply

[–] **Long_Use5135** 5 points 1 year ago

这个是小故事吧？编的很真实！

permalink embed save parent report reply

[–] **SabineRitter** [S] 9 points 1 year ago

> didn't really seem intentional, it seemed more that the radiation is a by-product of certain propulsion technologies

I hear that but also... these are usually events where the object is close. Given that they can choose where to go, why are they coming right up to people? Seems a little reckless, at least.

permalink embed save parent edit disable inbox replies delete reply

[–] **thechaddening** 16 points 1 year ago

I mean, a million reasons really. They might know and not care about us. It could be an enders game type situation where they don't really see an ethical issue with non genocide level killing because they're a hive mind or a lower disposable caste or something. They could potentially not really know since the effects would happen long after the event. Maybe they're not susceptible to radiation. These systems could also be automated and not have anyone directly controlling them to notice or care about the health effects they have on people. Too many possibilities.

permalink embed save parent report reply

[–] **SabineRitter** [S] 6 points 1 year ago

But essentially, they're fucking with us.

permalink embed save parent edit disable inbox replies delete reply

[–] [deleted] 5 points 1 year ago*

i wouldn't put it quite like that. i think this kind of thing is what happens when humanity puts the gods into an alien shaped box. the gods showed some measure of respect for the boundaries of ritual and taboo, because we believed they would. our beliefs matter because reality is participatory. we are co-creators.

but "aliens" won't abide by those boundaries, because we don't see why they would. so we don't believe they would. so, they don't. because they are *aliens* now, and why would aliens give a shit about that? there has been a transformation of our myth.

so now we have no conceptual boundaries to insulate normies from close contact with them, and no middle-men who can lead the structuring and community-wide enactment of effective psychic ritual. which is what shamans used to do.

permalink embed save parent report reply

[–] **SabineRitter** [S] 11 points 1 year ago

> the gods showed some measure of respect for the boundaries of ritual and taboo

I will have to take your word on that, I guess. Most of the god stories I know of feature some capriciousness. Zeus was a boundary-crossing motherfucker, I hear.

permalink embed save parent edit disable inbox replies delete reply

[–] [deleted] 1 point 1 year ago

yes there was a measure of boundary crossing, but nowhere near what there is today

permalink embed save parent report reply

[–] **Lord_of_Midnight** 5 points 1 year ago

The radiation poisoning may not be intentional, but make no mistake - it is noted by those who cause it, and met with complete and utter indifference.

Very important point.

permalink embed save parent report reply

[–] **SabineRitter** [S] 13 points 1 year ago

Possibly related, here's a list of typical symptoms of exposure to ionizing radiation.
https://www.mayoclinic.org/diseases-conditions/radiation-sickness/symptoms-causes/syc-20377058

Possible symptoms include:

Nausea and vomiting.

Diarrhea.

Headache.

Fever.

Dizziness and disorientation.

Weakness and fatigue.

Hair loss.

Bloody vomit and stools from internal bleeding.

Infections.

Low blood pressure.

permalink embed save edit disable inbox replies delete reply

[–] **Maleficent-Candy476** 1 point 1 year ago

as usual you fail do to any critical thinking... lets examine what would be required to give someone watching an UFO acute radiation sickness:

acute radiation sickness would require a dose of approximately one gray (that equals one Sievert for gamma radiation). Assuming the encounter lasts for an hour and happens at a distance of 100 meters, we would hav dose rate of 10000 Sv/h in one meter distance. This would be easily detectable for 100's of kilometers, the radiation field of that object would still be as strong as the natural background radiation at a distance of 316 kilometers.

There are way more devices capable of measuring ionizing radiation than you are aware of, for example in doctors offices, scrap metal dealers, waste disposal, border crossings, ports and so on. there are also a shit t of passive dose rate meters out there (for example on any plane). There is no way that this would go unnotice

permalink embed save parent report reply

[–] **SabineRitter** [S] 2 points 1 year ago

> There is no way that this would go unnoticed.

Why are you assuming it has?

permalink embed save parent edit disable inbox replies delete reply

[–] **silv3rbull8** 11 points 1 year ago

The Falcon Lake UFO encounter has a good documentation of physical effects:

> Stan Michalak can still vividly remember when his dad came home sick and injured after something happened in the Falcon Lake woods in Manitoba on the May long weekend of 1967.
>
> "When I walked into the bedroom there was a huge stink in the room, like a real horrible aroma of sulphur and burnt motor. It was all around and it was coming out of his pores. It was bad," said Michalak, who co-authored the book When They Appeared with Winnipeg UFO researcher Chris Rutkowski.

https://www.cbc.ca/amp/1.4121639

permalink embed save report reply

[–] **SabineRitter** [S] 8 points 1 year ago

Thank you for adding that!!!

I'll have to see if I can figure out a way to elicit this information... I'm guessing it will be hard to get a witness to say that they smell funny but it's worth a try. I have seen reports of bad odor, that's normally associated with entities but I haven't really looked into it. I've seen one or two reports of a perfume smell like roses.

permalink embed save parent edit disable inbox replies delete reply

[–] **silv3rbull8** 11 points 1 year ago

This incident is also of note:

> In May 1951, one year into the Korean War, PFC Francis P. Wall and his regiment found themselves stationed near Chorwon, about 60 miles north of Seoul. As they were preparing to bombard a nearby village with artillery, all of a sudden, the soldiers saw a strange sight up in the hills—like "a jack-o-lantern come wafting down across the mountain."
>
> What happened after—the pulsing, "attacking" light, the lingering debilitating symptoms—would mystify many for decades to come.
>
> As the GIs watched, the craft made its way down into the village, where the artillery air bursts were starting to explode. "We further noticed that this object would get right into...the center of an airburst of artillery and yet remain unharmed," Wall later told John P. Timmerman of the Center for UFO Studies in a 1987 interview. Suddenly, the object turned, Wall said. And whereas at first, it had glowed orange, now it was a pulsating blue-green brilliant light. He asked his company commander for permission to fire at the object with armor-piercing bullets from an M-I rifle. As the bullets hit the body of the craft, he recalled, they made a metallic "ding." The object started behaving still more erratically, shunting from side to side as its lights flashed on and off.

> Wall's recollections of what happened next are stranger still. "We were attacked," he said, "swept by some form of a ray that was emitted in pulses, in waves that you could visually see only when it was aiming directly at you. That is to say, like a searchlight sweeps around and the segments of light...you would see it coming at you."
>
> He remembered a burning, tingling sensation sweeping over his body, as if he were being penetrated. The men rushed into underground bunkers and peeped through the windows, watching as the craft hovered above them and then shot off, at a 45-degree angle. "It's that quick," he said. "It was there and was gone."
>
> Three days after the incident, the entire company of men was evacuated by ambulance, with special roads cut to haul out those too weak to walk. When they finally received medical treatment, they were found to have dysentery and an extremely high white-blood-cell count. "To me," says Richard F. Haines, a UFO researcher and former NASA scientist, "they had symptoms that sounded like the effects of radiation."

https://www.history.com/news/korean-war-us-army-ufo-attack-illness

permalink **embed** **save** **parent** **report** **reply**

[–] **astray488** 6 points 1 year ago

I hypothesize it's a light/photon based weapon UAPs utilize on observers to cause these effects.

We know that light affects us already. One example is how blue light enters the eyes cone and rod cells, stimulating other regions of the brain that cause alertness (by suppressing natural melatonin production).

Most observer testimonies include:

-Direct eye contact with the UAP.

-Bright light(s) emitted from the UAP.

In cases where no visible light is emitted from the UAP; it may be instead using a wavelength we do not directly perceive but still affects us.

This post is interesting. I've been curious about other UAP technologies and materials (besides the antigravity and zero-point).

permalink **embed** **save** **report** **reply**

[–] **SabineRitter** [S] 3 points 1 year ago

> Most observer testimonies include:
>
> -Direct eye contact with the UAP.
>
> -Bright light(s) emitted from the UAP.

Yeah great point. A lot of sightings feature the ufo directly in front of the witness, right in their line of sight.

The vibration could be infrasound, I'm thinking. I believe there's a study where infrasound was shown to cause anxiety and unease.

Thanks for your comment and ideas!

permalink **embed** **save** **parent** **edit** **disable inbox replies** **delete** **reply**

[–] **0v3r_cl0ck3d** 2 points 1 year ago

Have you ever came across a case where exposure to a UAP / NHI has left an experiencer in a trance like state? Or maybe they have woken up with the taste of vomit in their mouth?

permalink **embed** **save** **report** **reply**

[–] **SabineRitter** [S] 2 points 1 year ago

Well the paralysis or being transfixed and the inability to speak kinda seems like a trance type state. I have a deleted report where the word trance was used, I can give you that link if you want.

I have not seen a report that specifically mentions taste of vomit, but the nausea and emesis would seem to imply that.

permalink embed save parent edit disable inbox replies delete reply

[–] 0v3r_cl0ck3d 2 points 1 year ago

I would love a copy of the report that mentions a trance.

permalink embed save parent report reply

[–] SabineRitter [S] 1 point 1 year ago

https://old.reddit.com/r/UFOs/comments/1c6160e/seen_multiple_ufos_in_my_lifetime_looking_for_the/ sighting descriptions, single light object stationary, duration 40 minutes, witness looked away and looked back, vanished, repeat visitor, subsequent single light object, light beam, shining a bright white light down to about halfway in the sky., very bright, event amnesia, In that 15 seconds it took me to deliver the food and come back to my car, my memory was wiped. Almost as if I was in a trance and something made me purposely forget., possible law enforcement response silent helicopter., downvoted to zero
https://old.reddit.com/r/UFOs/comments/1c6pl8p/saw_multiple_ufos_in_my_lifetimecontinued/ video, single light object stationary, multicolored, low below treeline, Edmonton Alberta Canada 🇨🇦
https://old.reddit.com/r/UFOs/comments/1c6qjel/heres_another_video/ more video

This set of links ⬆️ all the same OP

https://old.reddit.com/r/UFOs/comments/15ykrpc/i_saw_something_i_cannot_explain_5_years_ago/ sighting description, three witnesses, single light object, low overhead, purple/bluish transparent bubble about 10 feet above, physical effects paralysis, frozen, transfixed, entranced, sudden departure

https://old.reddit.com/r/UFOs/comments/113a8a9/i_need_help_identifying_what_i_saw/ sighting description, contemporaneous report, nighttime, large, circular orb shaped light (almost the circumference of 10 x 10 sphere) appeared for about 5 seconds and then slowly dimmed out like a lightbulb as it shot vertically into the air, silent, emotional reaction immediately had chills go down my spine and I found myself in complete shock and awe. I was almost in a trance from this., sleep disruption , similar sightings in comments

https://old.reddit.com/r/UFOs/comments/10m3mof/unexplained_experience_of_flying_yellow_orb/ sighting description, yellow 🟠, two witnesses, dancing, sudden departure upward, duration 1-2 minutes,reaction of silence, We hadn't said a word to each other we were almost in a trance, southern Indiana , shadow humanoid shape also observed, physical effects both witnesses nausea, we both got sick puking not long after it happened maybe 20 min later if that

I found a couple more, here's what I have for trance.

permalink embed save parent edit disable inbox replies delete reply

[–] 0v3r_cl0ck3d 1 point 1 year ago

Thanks. The reason I ask is because I had my own encounter but I had almost convinced myself that I was imagining it. I'm trying to find similar cases to confirm that what happened really did happen. If I find someone who I have had no contact with describing the same thing then I know it's not just my mind playing tricks on itself. I've found people describing similarish things but never all of the same side effects exactly how I would describe them in a single case.

permalink embed save parent report reply

[–] SabineRitter [S] 3 points 1 year ago

> convinced myself that I was imagining it.

I see this a lot. Self-debunk, either out of adherence to some notion of rationality, or from some other, possibly external, impulse.

My guess is that you won't find another sighting exactly like yours, because I think ufo sightings are more personal than we realize, and nobody else is exactly like you. But you'll fir some commonalities, like the hazy dream-like state reported by many.

You could make a post and see if anyone else chimes in.

permalink embed save parent edit disable inbox replies delete reply

[–] **0v3r_cl0ck3d** 1 point 1 year ago*

I don't really like bringing it up, although I do occasionally when I see a post here asking about other people's experiences. Oh well. Thanks for the links that you provided.

Edit: Also I don't really like giving details of it because then some troll could claim to have experienced similar things. I'm looking for confirmation and the only way to be totally 100% sure I'm not being screwed with is to find someone else who describes the same thing without even knowing that I exist.

permalink embed save parent report reply

[–] **SabineRitter** [S] 2 points 1 year ago

Totally understandable. Maybe as more information becomes public, there will be something that can put it into context for you. It must be aggravating to have such sparse reliable information.

permalink embed save parent edit disable inbox replies delete reply

[–] **TPconnoisseur** 5 points 1 year ago

I assume all the quoted text is from reports you gathered here? Paints a pretty interesting picture when it's all lined up like that.

permalink embed save report reply

[–] **SabineRitter** [S] 14 points 1 year ago

Yep, you assume correctly! I can provide the original collection with links and notes, but I thought this way was more punchy.

permalink embed save parent edit disable inbox replies delete reply

[–] **TPconnoisseur** 7 points 1 year ago

Nausea is way more common than I assumed. Educational post Sabine!

permalink embed save parent report reply

[–] **Papabaloo** 9 points 1 year ago

Indeed. One has to wonder, however, how much of this is a direct result of engaging an anomalous thing, and how much might be natural byproducts of going through an extremely distressful and traumatic experience.

I'm no physician, but a quick google sort of suggests there might be a lot of overlap in these symptomatic profiles:

> "*Epinephrine, which stimulates the sympathetic nervous system, can cause several systemic side effects, including anxiety, nervousness, dizziness, palpitations, sweating, shortness of breath, flushing, chest pain, tremors, and nausea*."

permalink embed save parent report reply

[–] **SabineRitter** [S] 8 points 1 year ago*

That's good info. A couple arguments against that... one, not all these events include fear at the time of the event. And two, doesn't explain the effects of a repeated exposure. Like, I'm thinking of when the UFOs are seen more than once.... if it was just a fear reflex to a shock, seems like that would dissipate with repeated events.

But idk, it's a good addition to the basket of possible explanations.

permalink embed save parent edit disable inbox replies delete reply

[–] **Papabaloo** 2 points 1 year ago

Oh, most definitively!

Don't get me wrong, I'm not proposing that adrenaline withdrawal would or could account for those symptoms in every, or even the majority of close sightings or landing cases. And it doesn't even account for the totality of the symptoms reported and recorded.

I'm merely trying to point out there's a marked overlap of symptoms tied to what I'd assume is likely the most typical emotional reaction that most people would experience when in the presence of something truly anomalous (*and even more so in close encounters*). Making it that much more challenging to separate and catalogue what might or might not definitively be a direct physiological outcome of proximity to these things.

permalink embed save parent report reply

[–] **SabineRitter** [S] 6 points 1 year ago

> much more challenging to separate and catalogue

Good old UFOs, if they were easy they wouldn't be as interesting, I reckon.

permalink embed save parent edit disable inbox replies delete reply

[–] **TPconnoisseur** 3 points 1 year ago

I considered the affects of adrenaline. My curiosity stems.more from the fact that who or whatever is in the objects is also able to eliminate that type of sympathetic reaction from witnesses when they so choose. Why for some, but not others? Are these sightings or encounters with different goals or mechanisms utilized? Interesting, but confusing.

permalink embed save parent report reply

[–] [deleted] 4 points 1 year ago

Amazing work Sabine 👍

permalink embed save report reply

[–] **SabineRitter** [S] 2 points 1 year ago

Thank you, friend!

permalink embed save parent edit disable inbox replies delete reply

[–] [deleted] 5 points 1 year ago

> electrical kind of energy in every part of my body,

Gary Nolan described something similar with the "this is how you connect" experience.

I can't help but think about something Bryce Zabel also noted on Need To Know while recounting an encounter with some government liaisons on his show Dark Skies about the way these entities sort of meld with us. I would not be surprised to find a correlation found between this and us serving as containers (which I believe would mean containers of experience in this realm) a short distance down the road.

Personal note: I think it would be a very ugly situation for all of us, and a major disappointment for me personally, if this turns out to be time travelling humans of any stripe. We have a poor track record when it comes to ethics. NHI might be no better or simply cold and logical and we're no different to them than a hill of termites, but I would much rather this be NHI. At least that way the question of are we alone is answered.

permalink embed save report reply

[–] [deleted] 1 point[ᵀ] 1 year ago*

with the idea of time traveling humans we are getting warmer, because the idea necessitates a connection between us and NHI. but with aliens from a distant planet there is no such intimate connection. and there is definitely an intimate connection going on here.

but in a way anyone who has ever had a premonition or presentiment of the future is a time traveling human. is anyone who has ever gained awareness of a past life. movies like the terminator and shows like star trek have narrowed our idea of what time travel is, and probably misled us. we've come to think it's about technolc and physical travel when it's about the mind.

permalink embed save parent report reply

[–] Papabaloo 3 points 1 year ago

> "but with aliens from a distant planet there is no such intimate connection"

Unless even very distant intelligent species share a commonality in origin—*which one could argue is an inevitability, from certain perspectives.* Not to mention the apparent indications of seemingly convergent evolution (*potentially*) across vast gulfs of time and space.

I think that the 'future human' origin hypothesis offers a sort of psychological comfort to many, as it further puts off having to come to terms with the notion that there's very likely quite a lot more than a single 300.000 year old species of intelligent primate in a 20+ billion year old universe comprised of more than 2 trillion galaxies.

Side note: I often wonder, what does it say, about humanity's hubris, the fact that we seem to be more willing to entertain time traveling as an operative factor over the possibility of others just being out there alongside us XD

And, just to be clear: these are just personal takes/musings. It might very well be one, the other, both, or neither for all we know.

permalink embed save parent report reply

[–] kellyiom 1 point 1 year ago

Absolutely, these experiences are terrifying and bear no similarity to dreams. Interestingly when I had them twice the room was too hot an poorly ventilated. I suppose I only had a half experience and saw all the 'props' reverse. I just cannot believe in the abduction thesis now.

permalink embed save report reply

[–] SabineRitter [S] 1 point 1 year ago

Which symptoms did you have? The feeling of heat, anything else?

permalink embed save parent edit disable inbox replies delete reply

[–] Longjumping_Meat_203 1 point 1 year ago

This is fascinating. Thank you 🙏

permalink embed save report reply

[–] SabineRitter [S] 2 points 1 year ago

Thanks, friend!

permalink embed save parent edit disable inbox replies delete reply

[–] No_icecream_cake 1 point 1 year ago

Oh shoot, I can't believe I missed seeing this post!

This is incredible, Sabine. Thank you so much for putting all of this together. This is such a fascinating aspect of the phenomenon.

permalink embed save report reply

[–] SabineRitter [S] 2 points 1 year ago

Thank you kindly!! I feel like there's a lot we can learn from each other, we don't have to wait for the government to tell us 💯 💪

permalink embed save parent edit disable inbox replies delete reply

[–] No_icecream_cake 1 point 1 year ago

Absolutely!

permalink embed save parent report reply

[–] Grand_Course7587 -1 points 1 year ago

If you can feel it up uranus its not an observable

permalink embed save report reply

about

blog
about
advertising
careers

help

site rules
Reddit help center
reddiquette
mod guidelines
contact us

apps & tools

Reddit for iPhone
Reddit for Android
mobile website

<3

reddit premium

Use of this site constitutes acceptance of our User Agreement and Privacy Policy. © 2025 reddit inc. All rights reserved.
REDDIT and the ALIEN Logo are registered trademarks of reddit inc.

π